

Self-isolation guidance



Dear Parents/Carers

Following local secondary schools sending some pupils home to self-isolate because they have had pupils who have tested positive for Coronavirus, a number of parents have asked for clarification on who should self-isolate. The following is directly from the guidance provided by the Department of Health and Social Care (which you can find via GOV.UK):

You must self-isolate for 14 days after you were in contact with the person who has tested positive for coronavirus. This is crucial to avoid unknowingly spreading the virus.

Self-isolation means staying at home and not going outside your home at any time. If you live with other people, they do not need to self-isolate, but they should avoid contact with you as far as possible and follow advice on hygiene.

So, if siblings have been sent home because someone in their bubble has tested positive, other members of the household do not have to self-isolate as well. I know that other local schools may have decided to follow different rules, but we are following the advice given by the government, as above.

Of course, if anyone at all in the household tests positive or develops the key symptoms, then all members of the household should self-isolate, following the guidance which you can find at [Stay at home- what to do if you or someone you share your home with has coronavirus symptoms](#)

Remember the key symptoms are:

- A new and persistent cough
- A high temperature
- A loss or change in your normal sense of taste and/or smell

Thank you for your understanding that we are continuing to try to do our best to protect everyone and will continue to provide you with advice.

Kind Regards

K Heng