

Oldbury, Smethwick, Wednesbury and  
West Bromwich Children's Centres



# Free Advice and Housing Surgeries

## Free Advice

Advice Surgeries for support with benefits, employment, immigration, debt etc.

*By appointment only.*

### Friar Park Children's Centre

Monday 9.30am - 11.45am  
Call 0121 556 5405

### Burnt Tree Children's Centre

Tuesday 9.30am - 12.30pm  
Call 0121 557 0740

### Wednesbury North Children's Centre

Tuesday 9.30am - 11.00am  
Call 0121 556 5405

### Cape Hill Children's Centre

Wednesday 9.30am - 3.00pm  
Call 0121 555 6756

### Greets Green Children's Centre

Wednesday 9.30am - 11.45am  
and 1.30pm - 3.45pm  
Call 0121 500 4011

### Langley Library

Wednesday 9.30am - 12.30pm  
Call 0121 557 0740

### Brandhall Primary School

Thursday 9.30am - 12.30pm  
Call 0121 557 0740

### Cape Hill Children's Centre

Thursday 9.30am - 12.30pm  
Call 0121 555 6756

## Housing Surgeries

*Housing Surgeries by appointment only.*

### Cape Hill Children's Centre

Monday 1.00pm - 4.00pm  
(2nd Monday of every month)  
Call 0121 555 6756

### Friar Park Children's Centre

Thursday 11.00am - 1.00pm  
Call 0121 556 5405



# Health and Wellbeing

## Drop-in Health Visitor Baby Weighing Clinic

### Breastfeeding Network

**Friar Park Children's Centre**  
Monday 12.30pm - 2.00pm

### Friar Park Children's Centre

Tuesday 10.00am - 12.00pm

### Cape Hill Children's Centre

Tuesday 1.00pm - 3.30pm

### Whiteheath Medical Centre

Every 2nd and 4th Tuesday of every month 12.30pm - 2.30pm

### Wednesbury North Children's Centre

Tuesday 1.00pm - 2.30pm

### Bleakhouse Library

1st Wednesday of every month  
9.30am - 11.30am

### Lyng Health Centre

Wednesday 9.30am - 11.30am

### Hillside Children's Centre

Every 3rd Wednesday of the month  
9.30am - 11.30am

### Greets Green Children's Centre

Thursday 1.00pm - 2.30pm

### Oldbury Health Centre

Friday 1.30pm - 3.00pm

## Weight Management

### Mytime Active

FREE weight management support and exercise group. Every 2nd and 4th Wednesday of the month for Initial Assessment.

### Cape Hill Children's Centre

9.30am - 12.30pm  
Group sessions every Thursday  
12.30pm - 3.30pm